



POLITICAL SCIENCE

SENIOR UNDERGRADUATE MENTORSHIP PROGRAM

2025 - 2026

MENTEE APPLICATION FORM

ABOUT

The Political Science Senior Mentorship Program was developed to enhance the student experience for 3rd and 4th year Political Science undergraduate students. Students must be enrolled in a POL program. By matching students with Political Science alumni, the program provides students with valuable career advice at a critical point in their education. Mentors share their experiences to assist students in the transition from student life to work life or further education. Students may receive career advice, academic encouragement, advice on preparing to enter the workforce and opportunities to make professional contacts. The topics of conversation and the goals of the relationship **are directed by the mentee**. For mentors, it provides an opportunity to connect with current students and contribute to their alma mater in a meaningful way. If matched, both parties meet on a regular basis and have contact through email, phone or in-person meetings. The duration of the mentoring is from October to May but can continue after the program has concluded.

For full information and before you apply to our Mentorship Program, please visit: <https://politics.utoronto.ca/alumni/mentorship-program/>

PROGRAM REQUIREMENTS

- Attend the opening ‘Meet Your Mentor’ lunch ceremony at The Faculty Club. (Date and time TBA). If the student has class at this time, a note can be provided to explain the student’s absence.
- Attend one ‘Campus to Careers’ event. These are presentations followed by a Q&A session given by a diverse set of Political Science alumni, explaining how they made the transition from the University of Toronto to a career. Typically there are 2-4 within an academic year. Details of the schedule will be sent via email from the undergraduate office and advertised throughout the department once confirmed.
- Attend one career related event organised by the undergraduate advisor David Zarnett. Typical workshops include applying to law school, grad school and CV and resume writing. David Zarnett can be contacted on email via david.zarnett@mail.utoronto.ca.
- Write a reflective piece on their mentorship experience and future plans at the end of the program.
- Once all of these requirements have been met, the mentorship program will be added to the student’s co-curricular record (CCR). For more on the CCR, visit <https://ccr.utoronto.ca/home.htm>

APPLICATION FORM

Surname:	First Name:
U of T Student Number:	
Official University Email Address:	
Phone Number:	
Program(s) of Study: POL Specialist POL Major POL Minor Other:	
Number of credits completed towards Undergraduate Degree (As of September 2024):	
In 250 words, tell us why you have applied to the Mentorship Program, what you plan to contribute, and what you hope to achieve?	

In 250 words, please highlight any challenges you have encountered in your first two/three years at University and how you think involvement in our mentorship program might address these issues?

LIABILITY DISCLAIMER

While every effort has been made to ensure accuracy of the information contained in this application form, the Department of Political Science accepts no liability for errors and omissions. By signing this application form, you agree to indemnify and save harmless Department of Political Science, its faculty, staff and students as well as volunteers from all claims, suits and actions of every name, kind and description brought for, or on account of, any loss, injury or damage caused by you or within your control, and release the Department of Political Science, its faculty, staff and students as well as volunteers from all personal injuries or property losses you might suffer during your participation in any activity within the Department of Political Science Mentorship Program. While every effort will be made by the program to find a mentoring match for each student and each alumnus based on the information provided by the applicants, successful matching is not guaranteed due to the uneven number and diversity of applicants.

PRIVACY AGREEMENT

The Department of Political Science at the University of Toronto respects your privacy. The information on this form is collected and used for the administration of the Department's Mentorship Program activities. At all times it will be protected in accordance with the Freedom of Information and Protection of Privacy Act. If you have questions, please refer to www.utoronto.ca/privacy or contact the University's Freedom of Information and Protection of Privacy Coordinator at (416) 946-7303, McMurich Building, Room 104, 112 Queen's Park Crescent West, Toronto, Ontario, M5S 1A8.

Name: _____
(please print)

Signature: _____ Date: _____

Please submit your completed application form with a copy of your resume and send as **ONE pdf attachment by email to polsci.alum@utoronto.ca**